

CROSS COUNTRY 2011
PRACTICES

September 9 PRACTICE @ SMA @ 7:15AM&3:45PM
September 10 PRACTICE @ GARBAGE HILL @ 8:15AM
September 12 PRACTICE @ SMA @ 7:15AM&3:45PM
September 14 PRACTICE @ SMA @ 7:15AM
September 16 PRACTICE @ SMA @ 7:15AM
September 17 PRACTICE @ GARBAGE HILL @ 8:15AM
September 19 PRACTICE @ SMA @ 7:15AM&3:45PM
September 21 PRACTICE @ SMA @ 7:15AM
September 23 PRACTICE @ SMA @ 7:15AM
September 24 PRACTICE @ GARBAGE HILL @ 8:15AM
September 26 PRACTICE @ SMA @ 7:15AM&3:45PM
September 28 PRACTICE @ SMA @ 7:15AM
September 30 PRACTICE @ SMA @ 7:15AM (NO SCHOOL)
October 1 PRACTICE @ GARBAGE HILL @ 8:15AM
October 3 PRACTICE @ SMA @ 7:15AM&3:45PM
October 7 PRACTICE @ SMA @ 7:15AM
October 8 PRACTICE @ GARBAGE HILL @ 8:15AM
October 12 PRACTICE @ SMA @ 7:15AM&3:45PM
October 14 PRACTICE @ SMA @ 7:15AM
October 15 PRACTICE @ GARBAGE HILL @ 8:15AM
October 17 PRACTICE @ SMA @ 7:15AM&3:45PM

SENIOR MEETS

September 14 SENIOR MEET @ ASSINIBOINE PARK @ 4:00PM(RAIN DAY SEPT.15)
September 21 SENIOR MEET @ CRESCENT DRIVE PARK @ 4:00PM
September 28 SENIOR MEET @ LABARRIERRE PARK @ 4:00PM(RAIN DAY SEPT.29)
October 5 SENIOR & JUNIOR MEET @ HARBOURVIEW @ TBA
October 19 MHSAA PROVINCIALS @ SPRUCE WOODS (ALL DAY)

JUNIOR MEETS

September 19 JUNIOR MEET @ LABARRIERRE PARK @ 1:15PM (RAIN DAY SEPT.22)
September 26 JUNIOR MEET @ LABARRIERRE PARK @ 1:15PM (RAIN DAY SEPT.29)
October 3 JUNIOR MEET @ LABARRIERRE PARK @ 1:15PM(RAIN DAY OCT.6)
October 5 SENIOR & JUNIOR MEET @ HARBOURVIEW @ TBA